



EVERVETUGSCAT

sessions

Please bring: Sflick Gloves

1 session

\$50

Stay for both!

\$75

5:30 PM Instruction: 5:30 pm & 6:30 pm

- Shooting
- Puck Handling
- Sweat Clinic (Continuous Movement)

Sign up at OFFICE-HOCKEY.COM

or Sign up on our app

4220 ARTHUR KILL RD. SI, NY 10309 (347) 630-7009

6:30 PM Instruction:

- Instructional Shooting
- Rapid Shot Progression
- Weekly Changing Skills Focus: Slap, Snap, Onetime, Backhand,